#### **MARCH 2024**

SEED FAMILY WORSHIP

Connecitng Parent and Child Generation through a Spiritual Conversation

### WALKING WITH GOD IN OUR DAILY LIVES READ PSALM 23

EVEN THOUGH I WALK THROUGH THE DARKEST VALLEY, WILL FEAR NO EVIL, FOR YOU ARE WITH M YOUR ROD AND YOUR STAFF, THEY COMFORT ME (PSALM 23:4)

# FAMILY ACTIVITY

**Prepare:** Blank schedule template, color pencils or markers, pen

 Hand out the schedule template to each person. Tell people to fill out their usual daily schedule with as much detail as possible.
Everyday schedule may be different. You can pick one most average day of the week and fill it out.

2. Everyone can sit around and take turn to share their schedule. As they share, they can also answer following questions:

1) What are the contents that you watch the most on youtube or social media?

2) Where do you spend most time? (ex: workplace, inside car driving, home, shopping, etc).

3) Try finding a slot of time (even for a few minutes) when you can actually pause and pray without distraction.

4) Look up these bible verses -John 14:13-14, John 15:16, John 16:23-24. David described of God as someone so close and intimate, a shepherd who takes care of every detailed need of his beloved sheep. We tend to think, would an almighty God who created this world mind the careless things that happen in my everyday life?

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God is a relational God. He desires a personal connection with us. He wants to hear about every tedious event of our daily lives. He wants to let us know what his thoughts are about the things that we struggle with daily. If we separate our daily needs from His loving presence, it would mean we are overly spiritualizing our stance with God. He doesn't demand that we seal our immediate needs and concerns that arise daily in our lives before God. This does not make us better Christians. It would only separate the Kingdom of God from our own secular world, just like a closed private door of a child before parents.

Examine how your day looks like everyday. What time do you wake up, and go to work? What is the main task you juggle with at workplace or at home? What contents do you entertain yourself the most on Youtube or social media? Is there a room in between for you to stop, pause and talk to God? What would you tell Him if you were to make sometime for Him in the middle of the day? If God was your closest friend that you can always call and talk about every silly situation you face, how could this change your prayer life?

Before your day begins, try pausing, even just for a few minutes, to let God know of what tasks and plans await you for that day. Ask the Lord to come and fill you with His peace and wisdom to tackle your schedule for the day and to be able to follow His lead and guidance.

Know that you can tell God about anything, literally anything. Try looking up these verses to see what Jesus talks about prayer- John 14:13-14, John 15:16, John 16:23-24. When your thoughts about prayer life changes, you will discover you can come to God with so much more freedom and ease of heart.

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 When you talk with your best friend, what stuff do you talk about?
If you were to talk to God like you talk to a friend, what would you tell Him?
Would you spare some time to listen to Him as well?
Spend some time praying together for each other so that we will not hesitate talking to God about our daily matters.

#### CONCLUSION

Prayer can become burdensome, difficult and frustrating when we misunderstand the nature of a genuine prayer. It also originates from misunderstanding God. God isn't a distant God who only comes to us when we are good or perfect. Jesus would not have come down to the earth in the first place if that is what He intended to do so. Rather Jesus came and dwelled among us while we were still sinful. He sat down with sinners and ate with them. He mingled with them daily. This is what He wants to do. He wants us to invite Him to our daily chaos. He wants us to speak to Him about anything. He wants us to listen to Him about every little matter of our daily lives.

#### **ENDING PRAYER**

Dear God, help us not make our prayer habit so difficult. Help us know that we can simply talk to you like we talk to our friends. Help us know that you also want to be heard by us. May us invite you to our imperfect and chaotic world. Help us to unlock those closed private doors and let You in as You start dwelling with us, changing us day by day.

Seed Worship Training meeting takes place every last Sunday of the Month after 3rd Service Worship (1-1:30PM) at PJM Room, Education Building (Snack provided). All of our curriculum and video resources can be downloaded at Chodae Church website!

## 나의 하루 생활 계획표

Mon / Tue / Wed / Thu / Fri / Sat / Sun

